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for Counselling & Psychotherapy

(in conjunction with The Jungian Seminars)

Changing Minds in Therapy

Emotion, Attachment, Trauma & Neurobiology

Friday 14th May 2010, 3 - 6pm at College Hall, College Cloisters at Hereford Cathedral

Tickets £25.00

There is an increasing clinical focus on how recent advances in research on how insights from the fields of neurobiology, attachment and trauma can be applied to treating counselling and psychotherapy patients with a history of early neglect and relational trauma. Margaret Wilkinson, an expert in this field, will draw on her extensive clinical expertise as a therapist to explain the role of the mind-brain relationship in therapeutic change.

The presentation will cover issues such as: How the brain works to assist in therapeutic change and how healing from early trauma is tied into, and influenced by brain function. Cutting-edge research and clinical material will be explored in relation to the practical and clinical challenge of addressing and overcoming trauma.

Margaret Wilkinson is a professional member of the Society of Analytical Psychology and The West Midlands Institute for Psychotherapy. She teaches neuroscience seminars for The Northern School of Child and Adolescent Psychotherapy and The Society of Analytical Psychology. She also lectures internationally on contemporary neuroscience and its relevance to clinical practice. She is the author of numerous papers and her book 'Coming into mind. The mind-brain relationship: a Jungian clinical perspective' was published by Routledge in 2006. Her forthcoming book 'Changing Minds in Therapy' is to be published by Norton in March 2010. She is in private practice in North Derbyshire.

Booking - please send £25 [made out to The Centre] to The Centre/Wilkinson Lecture, c/o Upper Rock, St Margarets, Herefordshire HR2 0QW

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